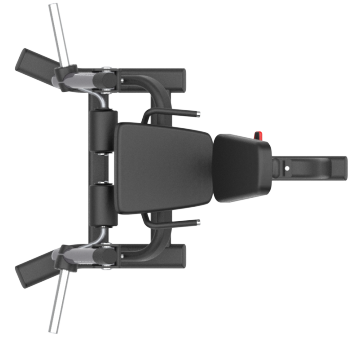


**SH PLATE LOADED SERIES****SH017 - ALTERNATE LEG EXTENSION****PRODUCT OVERVIEW**

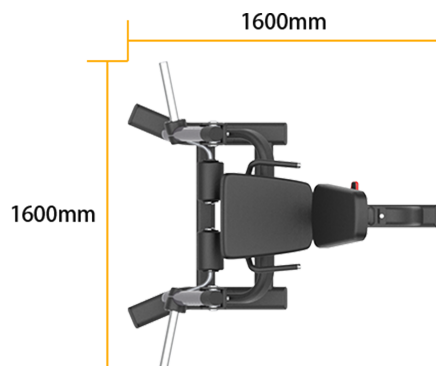
The SH017 is a premium plate-loaded strength machine specifically designed for quadriceps development. With a modern aesthetic and solid construction, it is ideal for high-end personal training studios and commercial gyms. The ergonomically contoured backrest is infinitely adjustable to accommodate users of different leg lengths, ensuring proper support and optimal posture during training.

A wide seat pad provides comfortable positioning for users with varying leg circumferences, enhancing overall training experience. The ankle roller is ergonomically designed to align with the natural movement of the lower leg, delivering smooth, effective muscle activation. Its isolated arm design promotes balanced strength development between left and right legs while reducing compensation, making training more focused and efficient.

# SPECIFICATIONS & KEY FEATURES

## Specifications

Dimension:	1600*1600*1260mm
Net Weigh:	110kg
Max Load Capacity:	300kg[2x150kg]
Main Frame Tubing:	PT60x120x2.5
Standard Color Scheme:	SH Series standard color scheme



## Product Features



### Infinitely Adjustable Backrest

Accommodates different leg lengths, enhancing training comfort and posture alignment.



### Wide Seat Pad

Supports users with various leg circumferences, improving comfort and exercise stability.



### Ergonomic Ankle Roller

Precisely follows the lower leg's movement path, maximizing muscle engagement and training effectiveness.



### Isolated Arm Design

Promotes unilateral training, improves muscle isolation, and balances bilateral strength development.